

XF V-Grip

Quick Guide



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Supplied content and accessories





Mounting the XF V-Grip

The XF V-Grip is designed with a quick release system that makes it quick and easy to add or remove the grip from the XF camera body when necessary. The design incorporates an Arca-Swiss compatible mounting adaptor and L-Bracket, making it easy to mount the XF camera body on a tripod in both portrait and landscape position.

Instructions on next page



Warning: Releasing the dual-action quick release of the XF V-Grip while not supporting the XF camera body may result in dropping the camera. The quick release of the XF V-Grip has a dual-action button, which functions as a security lock. Releasing the security lock alone will not allow the quick release to open — it requires a deliberate open action to release the V-Grip from the XF camera body. Mounting and releasing the V-Grip with the quick lock requires two hands, and it is advisable to locate a surface to rest the camera on while mounting the XF camera body.



Use the supplied screwdriver and remove the small retaining screw from the tripod mounting socket of the XF camera body. Make sure to store the screw a safe place, as you will need it again if you want to secure the tripod thread adapter later on.



Use the supplied disc to remove the 1/4" - 3/8" thread adapter screw from the XF camera body's tripod socket by turning it counterclockwise.



Remove the rubber cover from the electronic contacts by gently prying it from its recess.



Place the supplied quick release adapter or L-Bracket over the tripod mount so that the screw and pins align with the holes in the XF camera body. Tighten the screw by placing it in the groove and turning the head clockwise.



Use the supplied disc or a coin to securely fasten the quick release adapter or L-Bracket, turning it clockwise.



Make sure that the quick release on the V-Grip is open. The latch should point 90 degrees out from the grip. Place the V-Grip on the bracket on the XF camera body so it aligns with the XF hand grip and the contact pins integrates well into the connector recession.



Press the V-Grip against the XF camera and turn the quick release latch 90 degrees up in order to lock the V-Grip securely into place. Please make sure that the safety switch locks correctly with a tactile click.



To remove the V-Grip, first press the top of the quick release hatch towards the front (1) Then push the quick release safety switch towards the top of the grip with your thumb. (2) Then use your index finger to flip the quick release latch 90 degrees out from the V-Grip. Remove the V-Grip.



Front Side Quick Release
Adjustment Knob

Adjusting the Quick Release

The Quick Release is adjusted to connect correctly and exhibit accurate tension from the factory.

Over time, however, the locking mechanism may become slightly loose with repetitive use.

You can easily adjust this tension by turning the clamp adjustment knob clockwise with your thumb. This is best done by placing the V-Grip firmly in the correct position on the XF Camera Body and locking the Quick Release. You can then turn the clamp adjustment knob clockwise as tight as possible using your thumb.

In a similar fashion, you can loosen the tension of the Quick Release by turning the clamp adjustment knob counterclockwise.

If the tension of the Quick Release appears too tight, please refer to next page for a complete re-adjustment. It is recommended that you do not use excessive force when locking the Quick Release.



Adjusting for optimal tension of the Quick Release

If you want to adjust the V-Grip Quick Release for the optimal tension, or if the Quick Release gives too much resistance when locked, please follow this procedure:

Open the Quick Release latch and check that it can reach the line (1) without resistance when closed. If the latch is too tight and giving resistance before the point indicated (1) then the clamp adjustment knob (2) needs to be loosened by turning it counterclockwise. If the latch is too loose, and can continue past the line (1) then the clamp adjustment knob needs to be tightened by turning clockwise (2).

After carrying out the above procedure finish by tightening the clamp adjustment knob to the recommended maximum tension in the locked position, as described on previous page.

It is recommended that you do not over-tighten the clamp adjustment knob as using excessive force may introduce deformation in the materials of the V-Grip Quick Release.



Attaching the Hand Strap

The supplied hand strap ensures that the XF Camera System can be operated without fear of dropping, and provides extra support to the wrist. You can attach the hand strap to the XF V-Grip whether it is mounted on the XF camera or not.



Ensure the side of the hand strap with the tube and the buckle is facing outward, away from the V-Grip. Thread the loose end of the strap through the bottom mounting point on the V-Grip. Thread it through the top opening first and out through the bottom opening, as shown.



Fold the tip of the strap as shown, and push it into the end of the tube that will then be inserted through the hand strap. Push the thread to approximately the point where the tube meets the hand strap. Make sure that the strap is not twisted while you complete this step.



Push the supplied pin into the tube in order to make sure that the strap is attached firmly to the tube. This step is important to ensure that the strap can be guided from one end of the hand strap channel to the other.



Hold onto the hand strap with one hand, and gently pull the tube all the way out through the hand strap channel. Remove the pin from the tube and remove the tube from the strap. Next, pull the strap all the way out until the hand strap is tightened against the bottom of the V-Grip.



Thread the loose end of the strap through the top hand strap mount on the V-Grip. Make sure that you thread it through the bottom opening first and out through the top opening. Take the strap and turn it towards you, being sure not to twist it.



Thread the strap through the top end of the buckle and then pull it until the hand strap is tightened to the V-Grip. Thread the strap through the bottom opening of the buckle and pull it all the way to tighten the strap.



In order to secure the hand strap as much as possible, thread the strap back through the top end of the buckle and then pull to fasten it.



Using scissors, cut the remaining end of the strap and, to prevent unraveling, burn the tip of the nylon strap in order to seal the end.



Using Buttons and Dials

The XF V-Grip Shutter Release Button, Front Dial, Rear User Button and Side Dial mirror their functions and the customization that you may have assigned to the dials and buttons on the XF Camera System. You can configure these on the XF Camera System Control Setup menu, accessed by selecting the Rear Key > UI Setup > Control Setup.

These are the primary functions that are assigned to the buttons and dials by default:

- **XF V-Grip Shutter Release Button** Half-press activates AF and metering systems.
- **XF V-Grip Front Dial** adjust the shutter speed.
- **XF V-Grip Side Dial** adjust the aperture value.
- **XF V-Grip Rear User Button** activate the camera's AE-L (Auto Exposure Lock) function.

